

# DIRECTIONS to District 1 Lake Sites

## North Pond - Hempstead, NY

**From Southern New Jersey** - take the NJ Turnpike (I-95) north to Exit 10. Follow signs for Route 440 north to the Outer Bridge Crossing into Staten Island. Bear right and follow signs for the Pearl Harbor Memorial Expressway to the Verrazano-Narrows Bridge, then get on I-278 east to the VNB. Stay in the left lane when on the VNB and take the left exit for the Belt Parkway. Stay on the Belt Parkway (approx 30 minutes) until it becomes the Southern State Parkway. Look for Exit 19 N, Peninsula Blvd. Proceed over the Southern State on Peninsula Blvd and make a left at the second traffic light. Take the Southern State Parkway ramp west and pull off the ramp on to the grass to the race site. If you get back on to the Southern State, you've gone too far and you must make a U-turn at the next exit.

**From Central New Jersey** - take the NJ Turnpike (I-95) to Exit 13. Follow signs for the Goethals Bridge into Staten Island. Proceed through Staten Island on I-278 East to the Verrazano-Narrows Bridge. Stay in the left lane when on the VNB and take the left exit for the Belt Parkway. Stay on the Belt Parkway (approx 30 minutes) until it becomes the Southern State Parkway. Look for Exit 19 N, Peninsula Blvd. Proceed over the Southern State on Peninsula Blvd and make a left at the second traffic light. Take the Southern State Parkway ramp west and pull off the ramp on to the grass to the race site. If you get back on to the Southern State, you've gone too far and you must make a U-turn at the next exit.

**From Northern New Jersey** - Route 80 / 95 to the George Washington Bridge. Follow 95/Cross Bronx Expressway to I-295 / Clearview Expressway toward the Throgs Neck Bridge. Take the CROSS IS PKWY exit toward EASTERN L I. Take the SOUTHERN STATE PKWY EAST exit- EXIT 25A- on the LEFT toward EASTERN LONG IS. Look for Exit 19 N, Peninsula Blvd. Proceed over the Southern State on Peninsula Blvd and make a left at the second traffic light. Take the Southern State Parkway ramp west and pull off the ramp on to the grass to the race site. If you get back on to the Southern State, you've gone too far and you must make a U-turn at the next exit.

**NOTE: If you are pulling a trailer - you cannot travel on "Parkways" in the State of NY. You must seek alternate travel plans.**

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## Grant Park - Hewlett, NY

For Grant Park, use the NORTH POND DIRECTIONS ABOVE, but head south (Exit 19S) on Peninsula Blvd for about 2 miles. You will pass under a railroad tressel. That light will be Sunrise Hwy. . Keep going South for another 1/2 mile. There will be a small sign with an arrow at the first major intersection. Make a left and follow this to the next light. Go straight, Grant Park is behind the police station.

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## Saffin Pond - Jefferson Township, NJ

Take Route 80 West (if coming from N.Y.) or Route 80 East (if coming from Penna.). Get off at Route 15 North To Sparta. Continue on Route 15 North approximately 5 miles to Weldon Road Exit. Bear Right onto Weldon Road approximately 3 miles until you come to a sign which says "Saffin State Park" Proceed past sign, around a curve until you come to Saffin Pond/State Park Parking Lot on your right. For Racers: When entering the parking lot proceed to the right to a gate across a road. Proceed down this road to the race sight. DRIVE SLOW! PEOPLE MIGHT BE WALKING AT SIDE OF ROAD. Non Racers: Please park in the lot and walk to the right to a gate across a road. Proceed down this road to the race sight.

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## Horseshoe Lake - Roxbury, NJ

Take Route 80 West (if coming from N.Y.) or Route 80 East (if coming from Penna.) to the Howard Blvd. Exit. Proceed on Howard Blvd. to Route 46 West, to Route 10 East. Make left onto Route 10 East and go 3 lights to Eyland Ave. Make right onto Eyland Ave. approx. 1/4 mile to the entrance to Horseshoe Lake on the left. Bear right as you enter and follow the road near the soccer fields to the end, then bear left and follow the road alongside the railroad tracks to the entrance to the lake on your left.